



Helen Frances Forrest

NOV 22, 1911 - MAR 22, 2004



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OBITUARY Helen Frances Forrest passed away on 22 March at the Franciscan Home, just four months after her 92nd birthday. She left us after a very short illness. Helen, born Clayton arrived in Tacoma as a one year old child and resided here, with short interruptions, all of her life. As a young lady she was known as Renee of Ricardo and Renee, professional skaters. Helen was active in her church, The Christ Episcopal Church Tacoma, and with the Daughters of the American Revolution where she served as a regent of that organization. One of her many interests was genealogy. She was recognized nationally for her pursuit in this field. Another interest was writing children's stories which were widely read. Helen traveled extensively both here and in Europe. She was a generous contributor to many organizations and causes. Helen was a longtime and senior resident at the Park Tower. Helen is predeceased by her husband Robert Forrest, her brother Robert, her sister Bessie and her daughter Kathleen. She is survived by her sons Bill (Inge) and Bob (Barbara) Jowett, her grandchildren Bob Jowett Jr., Debra Parry, Jeffrey Jowett, Caitlin Stolpman and seven great grandchildren. A memorial service will be held at the Garden Chapel, Mountain View Cemetery, in South Tacoma at 1 PM on Tuesday, 30 March.



Tribute Wall

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Anonymous posted:

As a child, I remember visiting Helen at her home, not really understanding her relationship to my "Big Brothers". We would appear, unannounced, when walking home from Mary Lyon Elementary. I only knew she greeted us with an open door and lovely smile, always interested in how we were doing in school and in our dancing and swimming. She continued to extend that kindness to us as we became adults. I looked forward to the occasional time we would see her. I'll always appreciate her for giving me my two "Big Brothers" who were so very special to me, in ways they will never know, as I grew up. It was always an exciting time around the house when we learned Bill was coming home from somewhere in the world. We knew we could count on a ride in his convertible! And the holidays would not have been the same without the annual visit to Bob and Barbara's at Christmas. Helen will be missed by all who knew and loved her. My condolences and love to my extended family and hers.##imported-begin##Nancy Jowett Crippen##imported-end##

March 29 at 6:00 PM



Memories only last if you share them

Join us in honoring Helen by contributing to a collection of shared memories.



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